## **BLOOD ORANGE**

Blood oranges are nutrient-rich, offering fiber, vitamin C, and antioxidants. Their distinct red/orange skin color, which results from temperature fluctuations, indicates the intensity of the crimson color in the flesh. The harvest season spans from early December to late June.

VFR

TS RI

FARM2SCHOOL

Kings River Packing is an 8th-generation family-owned farm in Fresno County, California. They began growing Blood Oranges

in the early 1990s. In the last decade, they developed and trademarked a new variety of Blood Oranges called Raspberry Oranges.

Locally Farmed in Fresno, California!

## HOMEMADE CITRUS (BLOOD ORANGES) MARMALADE OR JAM

Make Homemade Citrus Marmalade in 40 minutes! Use oranges (blood oranges), lemons, or grapefruits. This recipe is perfect for teaching children about cooking and preserving food.

Prep Time 40 Mins

Activity Time 60 Mins

Supplies Citrus (Blood Oranges) Sugar Pectin Canning Jars

**Directions/Steps** Marmalade is made by simmering citrus with sugar and pectin.



A recipe shared by Kings River Packing.

## **Tips & Tricks**

Making marmalade is a great family activity. Everyone can help with chopping, stirring, and pouring.

